



ED0044 - PSHE



Aims

The aims of personal, social, health and economic (PSHE) education in our schools are to help students:

- Gain the knowledge and skills necessary to make safe and informed decisions
- Understand how to stay healthy and active
- Positively contribute to school life and life in the wider community
- Develop an understanding of democracy and how to voice their views

Our PSHE curriculum is rooted in our ethos and values of Bold, Curious, Kind and Fun in the following ways

Bold

- PSHE helps students grow the confidence to speak up for themselves, share ideas, and stand by their values.
- It encourages taking positive risks—trying new activities, standing against injustice, or making healthy choices even when it's hard.
- Topics like online safety, and citizenship give practical tools for acting boldly but responsibly.

Curious

- PSHE invites students to ask questions about life, identity, society, and the world around them.
- Topics like careers, financial literacy, human rights, and health encourage exploration beyond the classroom.
- Curiosity is also key in challenging stereotypes and critically thinking about media, politics, and peer pressure.

Kind

- Kindness runs through PSHE in themes like empathy, respect for diversity, and caring for mental health—our own and others'.
- Discussions on friendships, relationships, inclusion, and community action all reinforce kindness as a daily choice, not just a nice idea.
- Students learn that kindness also means self-care and setting healthy boundaries.

Fun

- A good PSHE lesson is interactive using role plays, debates, creative projects, which makes learning about serious topics more engaging.
- It creates a safe, relaxed atmosphere where students open up, ask questions, and learn from one another.
- It also reinforces that wellbeing and enjoyment are important parts of a balanced, healthy life.

Statutory Requirements

PSHE is a non-statutory subject. However, there are aspects of it that we are required to teach.

- We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#).
- We must teach health education under the same statutory guidance.
- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#).
- We must teach health education under the same statutory guidance.

Content & Delivery

What we teach

As stated above, we are required to cover the content for relationships, sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education (RSE) policy for details about what we teach, and how we decide on what to teach, in this subject. The RSE policy can be found on our school websites.

How we teach it

Use this section to set out:

- PSHE in our schools is informed by the PSHE Association curriculum, resources and planning materials.
- PSHE is a key component of the education provision across our schools, with timetabled lessons included for all students.
- In addition to/in place of lessons, the PSHE curriculum may be taught 1 to 1 or in small groups.
- Where applicable, PSHE will contribute to educational trips and visits.
- Student progress in PSHE will be communicated in the termly and end of year progress reports, which are sent to parents/carers and appropriate external stakeholders.

Roles & Responsibilities

The Governing Board

The Governing Board will approve the PSHE policy and hold the headteacher to account for its implementation.

The Headteacher/Senior Leadership Team

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual students

Students

Students are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

Monitoring Arrangements

The delivery of PSHE is monitored by the Headteacher and/or Senior Leadership Team through:

- Planning scrutiny

- Book looks.
- Learning walks.

This policy will be reviewed by Headteacher annually. At every review, the policy will be approved by the Governing Board

Links with Other Policies

This policy links to the following policies and procedures:

- RSE policy
- Positive Behaviour policy